

LEEP1 ONLINE TIMETABLE

**LEEP1 GENERAL ONLINE TIMETABLE**

DAY	From	To	Run By	Session	Where?
MONDAY	10:00am	10:30am	Helen	Yoga	Leep1 Zoom Room
MONDAY	11:00am	12:00pm	Change People	Sexual Health & Relationships	Email: dominiqueb@changepeople.org
MONDAY	12:00pm	12:30pm	Mandy	Zoom Chat	Leep1 Zoom Room
MONDAY	2:00pm	3:00pm	Change People	LGBTQ+ Our Stories	Email: dominiqueb@changepeople.org
MONDAY	5:00pm	5:30pm	Michelle	Movers & Groovers	Leep1 Zoom Room
TUESDAY	10:00am	10:30am	Helen	Yoga	Leep1 Zoom Room
TUESDAY	10:30am	11:15am	Darren	Food Safety	Leep1 Zoom Room
TUESDAY	11:15am	11:30am	Paul	10 Minute Workout	Leep1 Zoom Room
TUESDAY	12:00pm	12:30pm	Beckie/Maisie	Zoom Chat	Leep1 Zoom Room
TUESDAY	7:00pm	8:00pm	Bright Sparks	Evening Drama	Bright Sparks Zoom Room
WEDS	11:15am	11:30am	Paul	10 Minute Workout	Leep1 Zoom Room
WEDS	2:00pm	3:00pm	Michelle	Healthy Living	Leep1 Zoom Room
WEDS	12:00pm	12:30pm	Darren	Zoom Chat	Leep1 Zoom Room
WEDS	6:00pm	8:00pm	Angie, Beckie, Maisie, Sapphire	Friendship Group	Leep1 Zoom Room
THURSDAY	10:30am	11:15am	Darren	Food Safety	Leep1 Zoom Room
THURSDAY	11:15am	11:30am	Paul	10 Minute Workout	Leep1 Zoom Room
THURSDAY	12:00pm	12:30pm	Matthew/Courtney	Zoom Chat	Leep1 Zoom Room
THURSDAY	6:00pm	7:00pm	Ollie	DJ Club Night	Facebook Live
THURSDAY	7:00pm	8:00pm	Chris	DJ Club Night	Facebook Live
FRI	11:15am	11:30am	Paul	10 Minute Workout	Leep1 Zoom Room
FRI	12:00pm	12:30pm	Paul	Zoom Chat	Leep1 Zoom Room
FRI	2:00pm	3:00pm	Michelle and Paul	Healthy Living	Leep1 Zoom Room
FRI	7:00pm	9:00pm	DJ Vicky*	DJ Club Night	Facebook Live
SAT	10:00am	10:30am	Michelle	Music & Movement	Leep1 Zoom Room
SAT	6:00pm	9:00pm	DJ Sapphire*	DJ Club Night	Facebook Live
SUN	7:00pm	8:00pm	Michelle and Bernie	Exercise Disco	Leep1 Zoom Room

\*As Lockdown eases Vicky and Sapphire may not be able to commit to every session.