

## LEEP1 TIMETABLE

### Monday 11<sup>th</sup> – Sunday 17<sup>th</sup> January 2021

DAY	Time From	Time To	Run By	Session	Where?
MON	10.30am	11:15am	Darren	Food Safety	Leep1 Zoom Room
MON	11:15am	11:25am	Angie (covering)	10 Minute Health Challenge	Leep1 Zoom Room
MON	11:00am	12:00pm	Change People	Sexual Health & Relationships	Email: <a href="mailto:dominiqueb@changepeople.org">dominiqueb@changepeople.org</a>
MON	2:00pm	3:00pm	Change People	LGBTQ - Our Stories	Email: <a href="mailto:dominiqueb@changepeople.org">dominiqueb@changepeople.org</a>
MON	3:00pm	3:40pm	Darren (covering)	Zoom Chat	Leep1 Zoom Room
MON	5:00pm	5:30pm	Michelle	Movers & Groovers	Leep1 Zoom Room
TUES	10:00am	10:30am	Helen	Yoga	Leep1 Zoom Room
TUES	10:30am	11:15am	Darren	Food Safety	Leep1 Zoom Room
TUES	11:15am	11:25am	Paul	10 Minute Health Challenge	Leep1 Zoom Room
TUES	1:00pm	2:00pm	Darren	Digital Skills	Leep1 Zoom Room
TUES	3:00pm	3:40pm	Beckie	Zoom Chat	Leep1 Zoom Room
TUES	7:00pm	8:00pm	Bright Sparks	Evening Drama	Bright Sparks Zoom Room
WEDS	10.30am	11:15am	Darren	Food Safety	Leep1 Zoom Room
WEDS	11:15am	11:25am	Paul	10 Minute Health Challenge	Leep1 Zoom Room
WEDS	11:30am	1:00pm	Bright Sparks	Drama	Leep1 Zoom Room
WEDS	2:00pm	3:00pm	Michelle	Healthy Living	Leep1 Zoom Room

WEDS	3:00pm	3:40pm	Darren	Zoom Chat	Leep1 Zoom Room
WEDS	6:00pm	8:00pm	Beckie, Angie, Sapphire, Maisie	Friendship Group	Leep1 Zoom Room
THURS	10.30am	11:15am	Darren	Food Safety	Leep1 Zoom Room
THURS	11:15am	11:25am	Paul	10 Minute Health Challenge	Leep1 Zoom Room
THURS	12:00pm	1:00pm	Janine	Cooking from around the World*	Leep1 Zoom Room
THURS	1:00pm	2:30pm	Bright Sparks	Drama	Bright Sparks Zoom Room
THURS	3:00pm	4:00pm	Chloe/Angie (covering)	Comedy Hour	Leep1 Zoom Room
THURS	6:00pm	7:00pm	Ollie	DJ Club Night	Facebook Live
THURS	7:00pm	8:00pm	Chris	DJ Club Night	Facebook Live
FRI	10:00am	10:30am	Helen	Yoga	Leep1 Zoom Room
FRI	10:30am	11:15am	Darren	Food Safety	Leep1 Zoom Room
FRI	11:15am	11:25am	Paul	10 Minute Health Challenge	Leep1 Zoom Room
FRI	1:00pm	1:30pm	Janine	Nature Walk* (New Day/Time)	Facebook Live
FRI	2:00pm	3:00pm	Michelle & Paul	Healthy Living	Leep1 Zoom Room
FRI	3:00pm	3:40pm	Paul	Zoom Chat	Leep1 Zoom Room
FRI	7:00pm	9:00pm	Vicky	DJ Club Night	Facebook Live
SAT	10:00am	10:30am	Michelle	Music & Movement	Leep1 Zoom Room
SAT	6:00pm	9:00pm	Sapphire	DJ Club Night	Facebook Live
SUN	7:00pm	8:00pm	Michelle	Exercise Disco	Leep1 Zoom Room

\* New Sessions